



MUSTANG FOOTBALL 2026 SUMMER CALENDAR



JUNE						
SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
24 - MAY	25 - MAY	26 - MAY	27 - MAY	28 - MAY	29 - MAY	30 - MAY
31 - MAY	1	2	3	4	5	6
	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM		
	PRACTICE	PRACTICE	PRACTICE	TEAM BUILDING		
	7:30-9:00 AM	7:30-9:00 AM	7:30-9:00 AM	DONE AT 9:00 AM		
7	8	9	10	11	12	13
	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM		
	PRACTICE	PRACTICE	PRACTICE	TEAM BUILDING		
	7:30-9:00 AM	7:30-9:00 AM	7:30-9:00 AM	WORKING ON EVENT		
14	15	16	17	18	19	20
	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM		
	PRACTICE	PRACTICE	PRACTICE 7:30-9 AM	TEAM BUILDING		
	7:30-9:00 AM	7:30-9:00 AM	DRAFT 6:00 PM	DONE AT 9:00 AM		
21	22	23	24	25	26	27
	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM		
	PRACTICE	PRACTICE	PRACTICE	NAVY / WHITE		
	7:30-9:00 AM	7:30-9:00 AM	7:30-9:00 AM	GAME 6:00 PM		

JULY						
SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
28 - JUNE	29 - JUNE	30 - JUNE	1	2	3	4
	KSHSAA MORATORIUM JUNE 28-JULY 5 - OFF					
5	6	7	8	9	10	11
	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM		
	PRACTICE	PRACTICE	SCRIMMAGE	TEAM BUILDING		
	7:30-9:00 AM	7:30-9:00 AM	TBA	DONE AT 9:00 AM		
12	13	14	15	16	17	18
	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:30 AM	WEIGHTS 6:00 AM		
	PRACTICE	PRACTICE	SCRIMMAGE	TEAM BUILDING		
	7:30-9:00 AM	7:30-9:00 AM	LIBERTY/PIUS	WORKING ON EVENT		
19	20	21	22	23	24	25
	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM		
	K - 8TH GRADE SUMMER CAMP TIME: 9:30AM - 10:30AM					
26	27	28	29	30	31	1 - AUG
	SUMMER BREAK - OFF					

AUGUST						
SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
25 - JULY	26 - JULY	27 - JULY	28 - JULY	29 - JULY	31 - JULY	1
	SUMMER BREAK - OFF					
2	3	4	5	6	7	8
	SUMMER BREAK - OFF					
9	10	11	12	13	14	15
	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM	WEIGHTS 6:00 AM		
	CONDITIONING	CONDITIONING	CONDITIONING	1ST DAY OF SCHOOL		
					MOM'S EVENT	
16	17	18	19	20	21	22
	KSHAA 1ST WEEK OF PRACTICE				MUSTANG STAMPEDE	DONUTS & DECALS WITH DADS
23	24	25	26	27	28	29
				NO SCHOOL	SAT 8-10 AM	
					MEETING / FILM	
30	31	1 - SEP	2 - SEP	3 - SEP	4 - SEP	
					WEEK 1	

NOTES TIMES						
DAILY WORKOUT TIMES						
WEIGHTS: (MON - THURS) 6:00 - 6:45 AM (Grades 9-12)						
MEETINGS: (MON - THURS): 6:50 - 7:15 AM (Grades 9-12)						
PRACTICE: (MON - THURS): 7:30 - 9:00AM (Grades 9-12)						
TEAM BONDING: (THURS) WILL HAVE TWO EVENTS THAT WILL END PAST 9 AM						
JUNE 17TH - DRAFT @ JOHNNY'S 6:00 PM						
JUNE 25TH - NAVY / WHITE GAME (Grades 9-12) 6:00 PM						
TBA - GIC ANNUAL GOLF EVENT & AUCTION						
JUNE 29 - JULY 5 - KSHSAA MORATORIUM - BREAK						
JULY 8TH - SCRIMMAGE TBA						
JULY 15TH - SCRIMMAGE AGAINST LIBERTY & ST. PIUS @ LIBERTY						
JULY 20 - 23TH - K - 8TH GRADE CAMP TIME: 9:30AM - 10:30AM						
JULY 26TH - AUGUST 7TH - SUMMER BREAK						
AUGUST 10TH - RETURN TO LIFTING 6:00-7:30 AM						
AUGUST 13TH - 1ST DAY OF SCHOOL						
AUGUST 15TH - MOM'S EVENT						
AUGUST 17TH - KSHSAA FIRST DAY OF PRACTICE						
AUGUST 21ST - MUSTANG STAMPEDE (YOUTH TEAMS FOLLOWED BY HS SCRIMMAGES)						
AUGUST 22ND - DONUTS & DECALS WITH DAD'S						
WE WILL CHECK OUT EQUIPMENT TO UPPER CLASSMEN (9-11) DURING FINALS WEEK MAY 18-22ND						